



KCFC Cheerleading News!!!

Welcome to KCFC Cheerleading (formerly FCCJC)! We have so many programs to offer cheerleaders grades kindergarten through high school-including some exciting new programs for our older cheerleaders!

Cheerleading Registration is Now Open!

The Cheerleading Program of KCFC is offered to youth in kindergarten through 8th grade. Squads are formed by high school area and cheer for fall football teams at Heritage Park in September through early November. Some squads also cheer for winter basketball teams in GABL or other basketball leagues. KCFC is a rec program, but squads are given the opportunity to participate in the annual Cheer and Dance Competition.

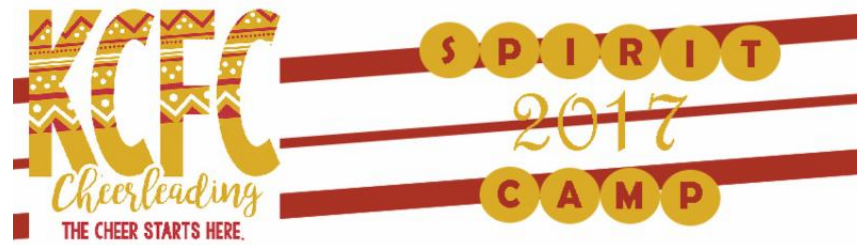
[Please Visit Our Website for More Information](#)



NEW!!! STUNT LEAGUE

KC Football and Cheerleading is excited to announce a new program for our middle school and high school age cheerleaders. STUNT is a new competitive team sport, in partnership with USA Cheer. Derived from traditional cheerleading, STUNT removes the crowd-leading aspect and focuses on the technical and athletic components of cheer, which include partner stunts, pyramids, jumps and tumbling skills.

[Please Visit Our Website for More Information](#)



SPIRIT CAMP & STUNT CLINIC!

For 4th through 8th graders. Spirit Camp Includes cheers/chants, dance, stunting, calisthenics, stretching, safety tips, jump technique and coach training. Stunt Clinic includes preparation for advanced stunt test-in and work on other non-advanced stunts, a few chants and cheers and how to incorporate stunting into them, and Coach Training on what to look for with stunting.

[Please Visit Our Website for More Information](#)



NEW!!! TRYOUT PREP

The purpose of this squad is to prepare Middle school cheerleaders for High School tryouts without the cost of competitive cheerleading while learning in a safe environment. The squad was designed to be more challenging than recreational cheer and is for those athletes who are ready to be more committed to a cheer squad. This team will not compete. They will exhibit at local cheer competitions throughout the KC metro area. Tumbling is not required!!

[Please Visit Our Website for More Information](#)

KC Football and Cheerleading | 913-831-6000 | Email | Website

STAY CONNECTED:

